



# PARIS GOURMET

Specialty Food Importer

Octopus Arms Cooked BL3000



Item Number:BL3000

## Octopus Arms Cooked BL3000

### Ingredient List:

Octopus, Salt, Sodium Ascorbate, Maltodextrin.

**Country of Origin:** Spain

**Applications:** Appetizers, salads, hot or cold.

**Directions:** Fully cooked. Typically heated and served.

### Handling

Storage: Frozen

After Opening: Do Not Re-Freeze

### Unit Information

Packaging: 12 vacuum sealed cryovac's per case.

Unit Weight Format: lb.

Net Weight: 0.75

Gross Weight: 1 lb.

Dimensions (L x W x H, inches): 6.25 x 9 x 2

Cube: 0.06510

### Case Information

Units per Case: 12

Net Weight (lb): 7.5

Gross Weight (lb): 8.0

Dimensions (L x W x H, inches): 12.25 x 9.5 x 8

Cube: 0.53877

### Pallet Information

Paris Gourmet 145 Grand Street Carlstadt NJ 07072 USA (201) 939-5656

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[www.parisgourmet.com](http://www.parisgourmet.com)

Information subject to change without notice



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Cases Per Layer: 10  
Layers per Pallet: 6  
Cases per Pallet: 60

## Date Information

Format: US  
On Unit: Yes  
On Case: Yes  
Type: Best Before  
Notes:

## Bar Code Information

UPC for Unit



UPC for Case



EAN for Unit

EAN for Case

GTIN for Case



## Certifications

Certified Kosher? No  
Certified Organic? No  
Trans Fat Free? Yes  
AOC? No

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Gluten Free? Yes  
GMO Free? No  
Certified Vegan? No  
Certified Fair Trade? No

## Allergen Information

### Is this allergen present in this product?

Wheat, Rye, Barley, Oats: No  
Crustacea and their products: Possible Cross Contamination at Facility  
Egg and egg product: No  
Fish and fish products: Ingredient  
Milk and milk products: No  
Sesame seeds and their products: No  
Nuts and their products: No  
Peanuts and their products: No  
Soybeans and their products: No  
Royal Jelly: No  
Bee pollen: No  
Propolis: No



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## NUTRITION FACTS

**Serving size: 100g**

**Calories: 165**

		% Daily Value*
Total Fats	2	3 %
Saturated Fat	0	0 %
Trans Fat	0	n/a
Cholesterol	94	31 %
Sodium	459	20 %
Total Carbohydrates	5	2 %
Dietary Fiber	0	0 %
Total Sugars	0	n/a
	Includes 0 grams Added Sugars	
Protein	29	58 %
Vitamin A	0	0 %
Vitamin C	0	0 %
Vitamin D	0	0 %
Calcium	80	6 %
Iron	5	28 %
Potassium	350	7 %

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet of 2000 calories per day and is used as general nutrition advice.